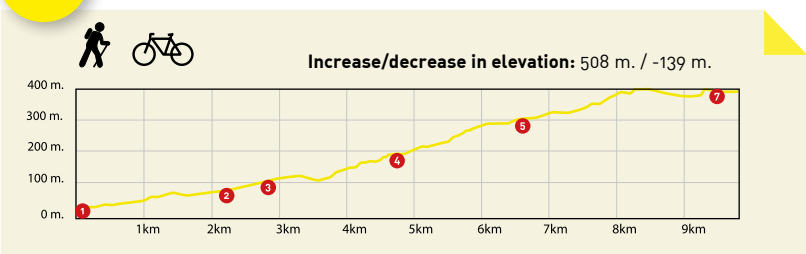


R1 A BIRD'S EYE VIEW OF OROPESA

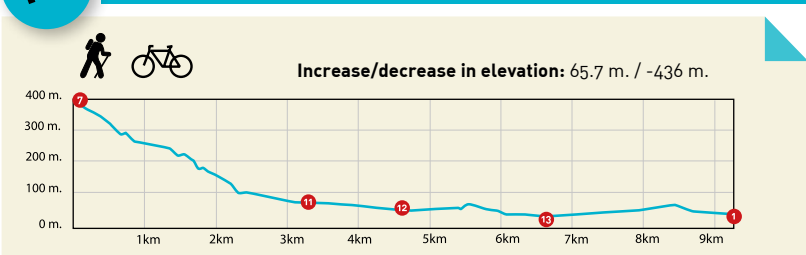


Route type: Linear. Difficulty: Medium. Approximate duration: 2 hrs 50 min. Distance: 9.86 km. Recommendations: Water, mobile phone, hiking or sports shoes, hat, sunblock, camera, torch or light for going through the tunnel under the motorway. Safety: Use caution during sections on the road and in the tunnel that goes under the motorway. Do not disturb any livestock you may encounter around Jovellús.

This route, marked on the map in yellow, begins at the roundabout as you head into the town from the N-340 dual carriageway, beside the multipurpose marquee. Take Avenida Benicàssim, before the petrol station, and take the first right; then after 100 m turn left just before the bridge. The Rampuda gully will be along your right side, with different aromatic plants such as thyme, rosemary and savory that are frequently used in local cuisine, as well as the occasional wild blackberry bush. Surrounded by almond and carob trees, you'll now come to a pine grove and then a junction: turning left will take you to the El Balcó urbanisation, so turn right. Turn left again after 100 m, rejoining the course of the gully, which usually has a dry bed that you'll cross again to come to a tunnel. This tunnel passes below the AP-7 motorway and in addition to being used by vehicles and pedestrians, any water in the gully also flows through it, so we therefore advise against using it during rainy periods. You'll also notice that it isn't lit, meaning the middle part will be fairly dark, so you should therefore have lights or a torch and reflectors in order to be clearly visible. Once on the other side, you'll immediately arrive at the entrance to a go-kart track, which you'll pass on your right. You're approaching the El Rodecho urbanisation. Turn right at the junction, as the road on the left goes down to the sea [RAL-2]. Continue straight on for about 300 m until you reach a fork in the road, and again stay to the right as the road on the left leads to the old hills of Oropesa del Mar on the N-340. You'll soon hit that road; to cross it go down to the right and pass below the dual carriageway traffic along the bed of the gully. You're now at the feet of the hills you're going to cross over. After coming out of the tunnel, take the road to the left. From now on the gully will be on your left-hand side, and as you go up, the route will get steeper and steeper. It is worth noting that there isn't much shade in this area, making it important to wear a hat. On the other hand, the lack of trees makes it easier to see the landscape along your route, revealing the magnificence of the bare limestone rock against the green blanket of nature's seasonal rebirth. After less than 500 m, hikers can take a little trail that branches off to the right to shorten the journey, rejoining the path 300 m later. You're now covering the area known as 'Los Tres Barrancos' ('The Three Gullies'), since there are three gullies that converge at this point. You'll leave one behind on your right, and about 300 m further on, you'll see the other two. The tarmacked road follows the gully on your left-hand side, which is the road cyclists should follow, while there is a path by the gully on the right that hikers should take; both lead to Jovellús. As a reference for finding this path, look at the small flat area with a road that's on the left side on a curve; the path for hikers is 10 m before this on the right. This part of the journey is slightly difficult due to the uneven terrain and potentially high temperatures, especially on sunny days.

Those who have followed the tarmacked road might find bulls roaming free when they get to the Jovellús well, which is surrounded by some farmhouses. Cattle are bred in this area, so there are cow pens as well. Bulls on the loose aren't dangerous as long as you don't get too close to their territory or disturb them. Heading west, you'll soon reach a crossroads and from there you'll be able to see the Plana de Castellón below. In the foreground are Benicàssim and Las Villas; the city of Castellón and the port of El Grao are further away in the distance. The path that goes down to your left goes to Benicàssim [RAL-3]. Go to the right, where after 50 m you'll come across another fork in the road, where you must also stay to the right. A track will soon appear on the left, called La Vereda de la Mollonada there is also an alternative descent towards the Camino de Cabanes, RAL-4, that branches off here). This track is fairly clear but has an uneven surface. It heads north, crossing the Montes del Señor mountains towards the television mast, leaving the spectacular landscape of Las Aguas de Santa Àgueda behind. The ascent along the path after leaving the tarmacked road goes along a narrow gully until it joins up with a track. This track forks by a farmhouse, and going left, you soon meet up with La Vereda de la Mollonada path, on your right, which you go down towards the television mast. The sea is visible on the horizon at points on this part of the route, its blue colour contrasting with the array of greens and browns of the mountain landscape. If you look closely, on the left you can also make out the ruins of Miravet Castle and its incredible location. Just before reaching the television mast, you'll find yourself at the start of R2, on the left, but you can continue onwards, until you just about reach the mast's solar panels, to enjoy the views before turning back or following R2.

R2 ORANGE BLOSSOM ROUTE

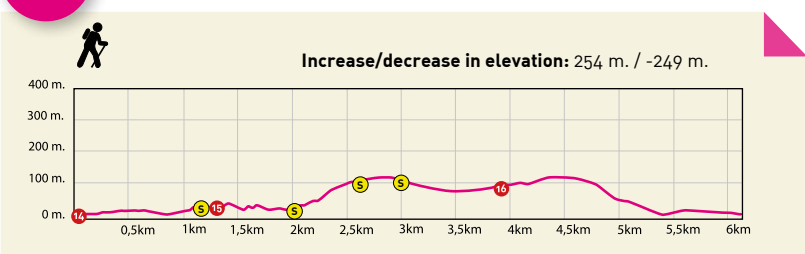


Route type: Linear. Difficulty: Medium-High. Approximate duration: 2 hrs 30 min. Distance: 9.2 km. Recommendations: Water, mobile phone, hiking or sports shoes, hat, sunblock, camera. Safety: Cyclists should take special care during the first section due to the steep slopes and poor condition of the track surface.

This route starts just before the television mast and branches off to the left heading northwest. It's a small path that is slightly difficult at first due to the very steep slopes over a road that has been badly weathered by water flowing down it during storms, although this is only at the start of the route. For mountain biking enthusiasts, this stretch is fairly technical. The rest of the route is located in scrubland, with former animal pens where the construction techniques of the past can be admired. Along the route you'll pass through small pine groves and paths shaded by oaks, and finish by coasting along the final part of the route without too many surprises, passing orchards, mainly almond trees, which should be breathtaking during the flowering season (end of January/ beginning of February, depending on the year). The end of the route takes you to the Camino de Cabanes, 3 km from the turning off to the television mast. Now is the time to call to be picked up or to head back on foot on the Camino Viejo de Cabanes, where you should use particular caution due to the traffic; in either case, keep going towards the right. Go 1.5 km until turning off to the right along another road that runs between fields of crops and some houses, until reaching the motorway which you follow for nearly 2 km, before crossing underneath it. After 500 m, you'll also go under the N-340 and then arrive at Avenida Benicàssim. If you turn left here, in just a few metres you'll be at the roundabout by the Guardia Civil police station.

Logo and contact information for Oropesa del Mar tourism, including website, social media, and local partners.

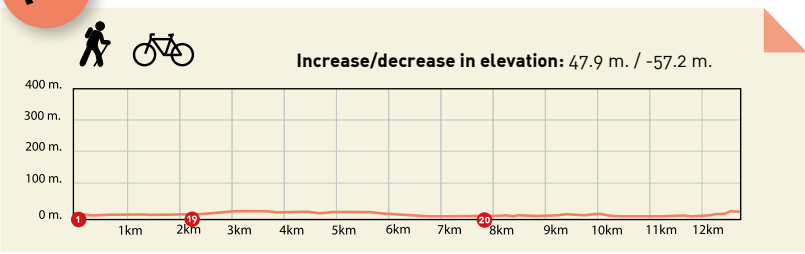
R3 R3 - CLIFF AND VIEWPOINT ROUTE



Route type: Circular. Difficulty: Medium. Approximate duration: 2 hrs 30 min. Distance: 6.1 km. Recommendations: Water, mobile phone, hiking or sports shoes, hat, sunblock, camera. Safety: Avoid getting too close to the cliff edges.

This is not an excessively difficult route, but you must pay close attention to the signs and instructions and save up strength for some especially sharp ascents. Begin at the start of the Vía Verde del Mar [Coastal Greenway] and follow it for about 1 km. A few metres before the entrance to the tunnel, you'll find a sign on the left that shows the route you're going to take. This path forks 100 m further on. If you head right, you'll be taking the alternative route that leads straight to the viewpoint [RAL-1], a distance of about 430 m and a total ascent of 81 m. If you head left, you'll be taking the route known as the Ruta de los Acantilados [Cliff Route]. This is a beautiful stretch where the rock and the sea take centre stage. Signage painted in white and purple every so often on the rocks and tree trunks along this section will help you follow the route. After following the route for about 2 km, you will reach the other side of the greenway tunnel, right where the tunnel ends. Cross the greenway and follow new signs. You must now head upwards, paying close attention to the painted signs, as there are times when the path becomes unclear due to large rocks. Having reached the viewpoint, you can catch your breath after the ascent while enjoying the amazing views from this vantage point. If you want to go back you can use the alternative route [RAL-1], which will take you straight down to the first fork in the path close to the entrance to the greenway tunnel. If you want to continue along this route, cross the road from the viewpoint heading towards the mast, along a track you'll come across immediately. After passing the mast, you'll reach a small grove where the track turns off to the right, but you'll see a signposted fork and should head left, going down along the path until you get to some olive trees. Here, turn right to pick up a new track, which you should follow until reaching the road for the El Balcó urbanisation, walking along this until you arrive on Calle Benicàssim. Going straight along this street you will see that it is crossed by another street, also called Calle Benicàssim. Going left takes you straight into the urbanisation, so go right and you'll end up on a track that you can follow until you're back at the mast and then the viewpoint. About 30 m from the viewpoint, along the road heading into Oropesa del Mar, you'll see markings on the right in white and purple and a wooden sign away from the road, on the path. Descend fairly sharply until reaching a kind of firebreak. Cross it, walking to the left to find the path again that goes down parallel to the firebreak and continue until you end up close to the marina. Cross under the new train lines and, without going under the greenway bridge, walk up onto the greenway, heading right. Once on the Coastal Greenway again you just have to head back to your starting point.

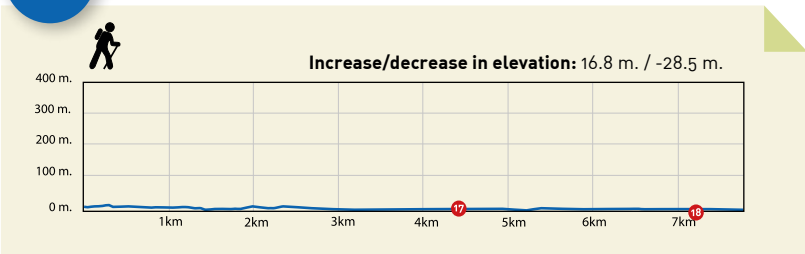
R4 OROPESA - TORRE LA SAL



Route type: Circular. Difficulty: Low. Approximate duration: 3 hrs 30 min. Distance: 12.8 km. Recommendations: Water, mobile phone, hiking or sports shoes, hat, sunblock, camera. Safety: Pay special attention to traffic on sections of road.

Set off from the roundabout by the bullring, along Calle Rivera Forner, turning right onto Calle San Isidro after a few metres. This will soon take you out of the town, through fields and orchards, as you move away from the N-340 dual carriageway. After 2 km, you'll reach a tunnel that goes underneath the railway, which you won't go through. Instead, turn left to head towards the N-340 again, along the road that runs along the left bank of the Chinchilla river. Having reached the N-340, the road runs parallel to it. Go around the various overpasses that cross the dual carriageway and after about 3 km, the road forces you to take a sharp right along CV-146 towards Torre La Sal. If you fancy it, this a good place to stop for a swim. Just before reaching the beach, there's a road on your right that will take you back. This links up with Avenida Barcelona, which will take you through the Marina d'Or urbanisation, and then back to the town. To get to your starting point, turn down Avenida del Mar and keep going until Plaza España. Turn left onto Calle Doctor Clara and then right down Calle Leoncio Serrano until Calle Rivera Forner, your starting point.

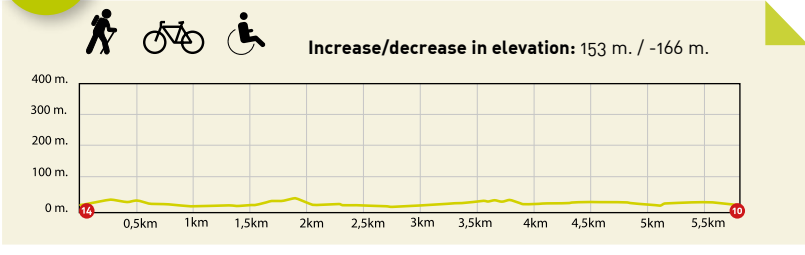
R5 SEAFRONT PROMENADE



Route type: Linear. Difficulty: Low. Approximate duration: 2 hrs 15 min. Distance: 7.75 km. Recommendations: Water, mobile phone, hiking or sports shoes, hat, sunblock, camera. Safety: Very simple stretch suitable for everyone.

The best way to discover our coastline is walking along its seafront promenades and other accessible coastal paths. You should bear in mind that we've only calculated one way for this route, so don't forget to also take the return leg into account. It's very simple and you can start from any point along the promenade so as to adapt it to your ability or the time you have available. We'll explain the full route here. Set off from the marina, the most southerly point on the route. After a slight ascent, you'll go past the coves of Cala del Retor and Cala de Oropesa la Vella. This hill above this cove is home to the Iberian settlement, listed as a cultural heritage site (BIC), which gives it its name. Descending to sea level, you will reach La Concha beach. The promenade begins to turn and ascend towards the famous King's Tower (BIC), an interesting example of Renaissance military architecture. Nearby is the lighthouse, built in the Catalan art nouveau style. To the right, you'll see stairs that go down to the rocks and take you to Morro de Gos beach. Continue along the promenade, crossing the entire beach until you reach the Marina d'Or urbanisation. Continue along the first palm-lined stretch of Les Amplàries beach. When you reach the next roundabout, you can continue onto the fine sand or through the urbanisation's series of parks and gardens until reaching the campsite area. Our one-way route ends at the wooden walkway which, between dunes and vegetation, leads to Torre La Sal.

COASTAL GREENWAY

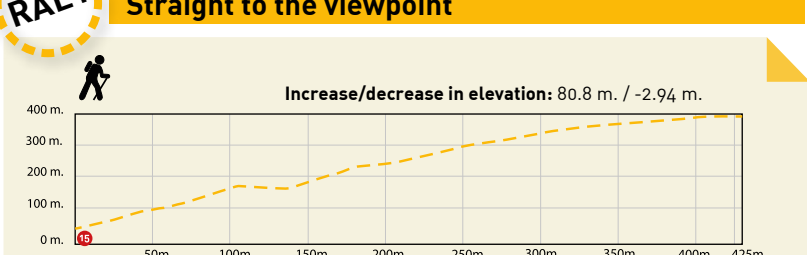


Route type: Linear. Difficulty: Low. Approximate duration: 1 hr 30 min. Distance: 5.8 km. Recommendations: Water, mobile phone, hiking or sports shoes, hat, sunblock, camera. Safety: Very easy stretch suitable for everyone.

The 'Vía Verde del Mar', or Coastal Greenway, that runs between Oropesa del Mar and Benicàssim follows the old railway line for the train that ran along the Mediterranean coastline between the two towns. The route also runs along the shoreline. During the first 700 m you'll enjoy exceptional views of La Concha beach as well as the Iberian settlement of Orpesa la Vella (BIC), the enclave of the first inhabitants of these lands. Next you'll come to the marina, and further along a rugged natural shoreline with an amazing landscape. Mount Bòvalar stretches towards the coast, bordering the path, until you eventually cross the mountain through a tunnel. On the other side, you're first met by the La Dona gully, then La Renegà, an area with vast environmental and marine diversity, brimming with rock formations and peaceful coves that can be accessed from the path itself. The surrounding Mediterranean forest and interesting seabed are the main attractions. Further on, having covered 2 km of the greenway, you'll be able to get a close-up look at two watchtowers of La Corda and La Colomera, both 16th century strongholds used for defence and surveillance and both cultural heritage sites (BIC). Along with the King's Tower, they once made up the line of coastal defence. Now, nearly at the edge of Oropesa del Mar, you'll reach the Platgetes coves (almost at the end of this route), with the path always hugging the sea, sheltered by pines and carobs, among blackberries, fan palms, rosemary and lavender, all seasoned with a touch of sea breeze. Just a bit further and after crossing a brick paved bridge, you'll reach Voramar beach in Benicàssim.



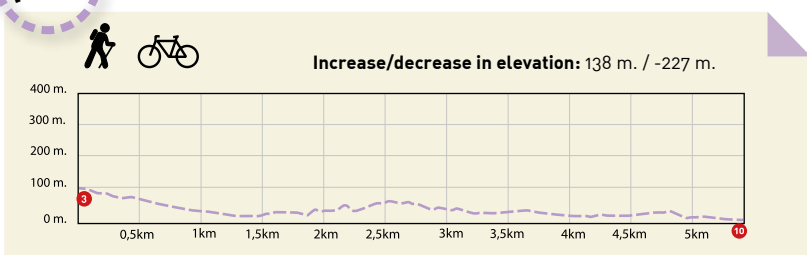
RAL1 Straight to the viewpoint



Route type: Linear. Difficulty: Medium. Approximate duration: 15 min. Distance: 0.43 km. Recommendations: Water, mobile phone, hiking or sports shoes, hat, sunblock, camera. Safety: Pay special attention to steep slopes.

This is an alternative route for going straight up to the viewpoint from the first fork in the path on R3. From this point, if you've decided to go right, you start on a slope that goes from 30 m to 110 m above sea level, meaning you go up 80 m in elevation over just 500 m. You are, however, shaded by a lush pine grove that is especially welcome in summer. Having reached the viewpoint, you can decide whether to follow R3 towards the surveillance antenna or head back down towards the marina.

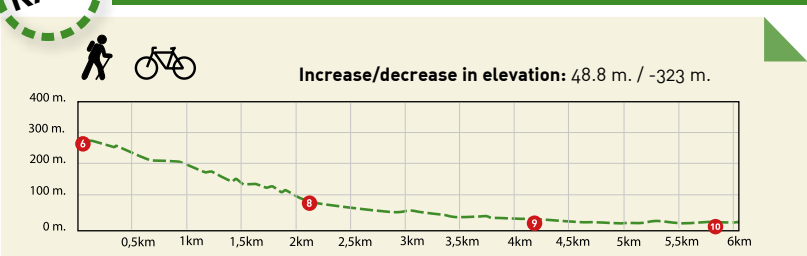
RAL2 La Renegà - Benicàssim - Coastal Greenway



Route type: Linear. Difficulty: Low. Approximate duration: 1 hr 30 min. Distance: 5.4 km. Recommendations: Water, mobile phone, hiking or sports shoes, hat, sunblock, camera. Safety: Pay special attention to traffic on sections of road.

This is an alternative route to the Oropesa del Mar-Benicàssim coastal path, avoiding the climbs to the viewpoint. It runs along fully tarmacked roads until reaching the Coastal Greenway in Benicàssim. Take the turning to the left shown in the El Rodecho urbanisation. After just 70 m, you'll be going through the tunnel underneath the AP-7 motorway, and then you'll reach the La Renegà urbanisation. Stay right at the first fork in the road, crossing over the urbanisation at its highest point. After 500 m the road ends at a crossroads where you should head up towards the right. This begins an ascent up to the La Colomera urbanisation, from where you'll have amazing views of the whole coast. Make sure to look out for the stronghold that gives the urbanisation its name: the La Colomera tower (BIC). Now you'll descend towards the Torre Bellver I urbanisation, and will reach a roundabout at Torre Bellver II, which is the road that links up with the N-340 dual carriageway and Oropesa del Mar along the coast if you were to head right. You should go left to reach the Les Platgetes urbanisation. After crossing a bridge that goes over the greenway itself, continue on to Voramar beach in Benicàssim, where you'll join up with the Coastal Greenway to get back to Oropesa del Mar, which is 5.7 km away along this route.

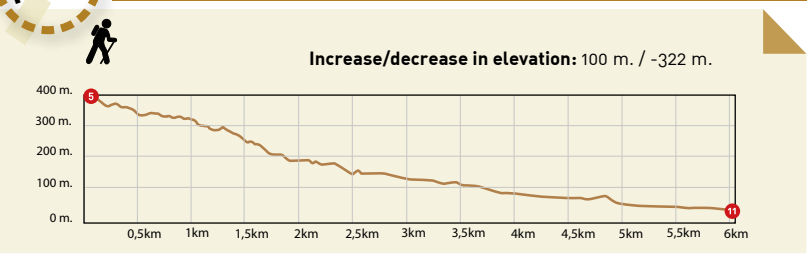
RAL3 Jovellús - Coastal Greenway descent



Route type: Linear. Difficulty: Low. Approximate duration: 1 hr 45 min. Distance: 6.07 km. Recommendations: Water, mobile phone, hiking or sports shoes, hat, sunblock, camera. Safety: Use caution on sections of track in poor condition. Do not disturb any livestock you may come across around Jovellús.

Alternative descent to R1 for bicycles along track and tarmacked road, arriving at the Coastal Greenway in Benicàssim. From Jovellús, take the turning to the left, starting a descent along a dirt and loose gravel track, where you should be extremely careful. You'll enjoy the amazing views of Las Aguas de Santa Àgueda, Benicàssim and El Grao in Castellón. The route turns to tarmac by the Ecoparque. Go through the tunnel under the AP-7 motorway, and then after 300 m, go under the railway, and 400 m later under the N-340 dual carriageway. Just a bit further along you'll reach Benicàssim on Calle Santa Àgueda. Go down Calle San Antonio until the junction with Avenida Barcelona, where you should get in the cycle lane to ride around this part of Benicàssim along its northern side. You'll reach Voramar beach, where the Coastal Greenway begins to head back to Oropesa del Mar along a pleasant 5.7 km route.

RAL4 Jovellús - Camino de Cabanes



Route type: Linear. Difficulty: Low. Approximate duration: 1 hr 45 min. Distance: 6.1 km. Recommendations: Water, mobile phone, hiking or sports shoes, hat, sunblock, camera. Safety: Pay special attention to traffic on sections of road.

This is also an alternative descent from La Vereda de la Mollonada near Jovellús, to the Camino de Cabanes, with 2 km of steep slope at the beginning. Here you join a track in good condition. Continue straight on, and after just over 500 m you'll go past a track on the right. You'll then pass another couple of tracks on your left, but continue straight on until just before you reach the Camino de Cabanes, where you'll join R2.